

## Personality Overview | Your Big Five Archetype and key important details



### Big 5 Personality: **Mentor**

You enjoy the process of working with others and can adapt to varied situations and a diverse slate of coworkers. Likely to be a source of collaborative energy, you are often a hub around whom others organize themselves.

## Personality Tips | Strengths, challenges, and what to look for in a job

### Tools To Use

- Comfortable in the limelight
- Compatible with many other personalities
- Have effective coping strategies for work stress
- High energy, outgoing
- Sought after as a good person to dialogue with
- Work at a pace that suits everyone

### Room for Growth and Change

- Can be taken for granted because you complete tasks without objections
- May have trouble avoiding social distractions
- May underreact to urgent situations
- Move forward without checking in on others
- Need a stimulating environment to stay motivated
- Prone to perfectionism
- Tempted by new approaches when old ones still work

### Settings That Work For You

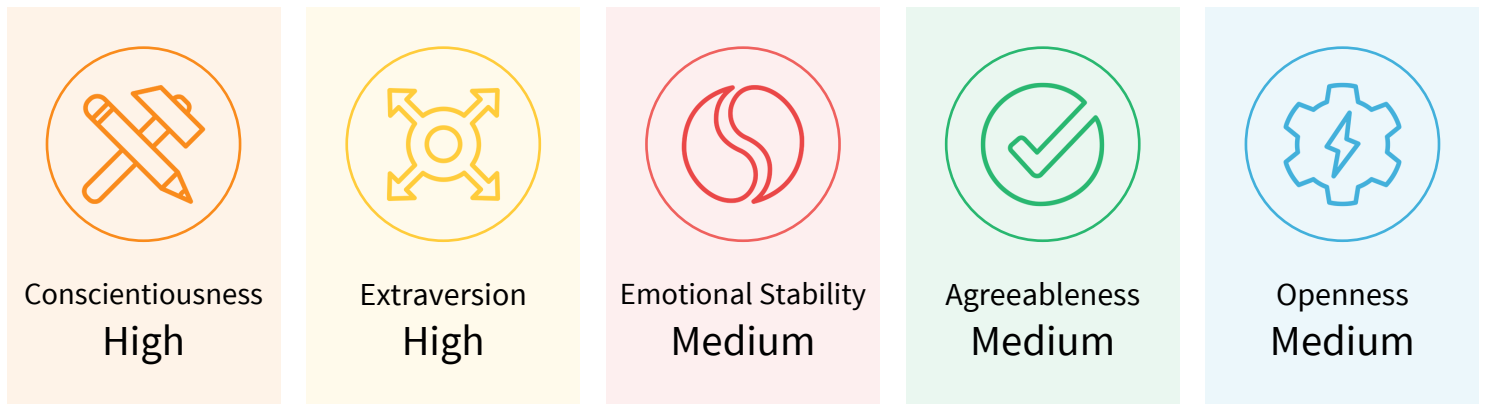
- Allows individuals to deal with their own setbacks
- De-emphasizes competition among colleagues
- Encourages peer support in pursuit of goals
- Fueled by a sense of duty
- Has opportunities for innovation and exploration
- Includes opportunities for large group discussions

- Often has a fast paced and energetic vibe
- Prioritizes work quality
- Requires people to respond to challenges
- Values creativity

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**Personality Details** | Understanding the dimensions of your personality

The dimension score is calculated from your responses to items that together measure the underlying components of each dimension. Overall, an individual has either a High, Moderate, or Low level of each. The dimension score is a standardized score that ranges between 1 and 10. Scores of 1-3 are Low, 4-6 Moderate, and 7 and up are High.



## Conscientiousness | High

### What does my High Conscientiousness mean for me?

Delivering Results (Conscientiousness) concerns work style and how someone directs their efforts and attention toward completing tasks. The level of discipline, dedication, perseverance, organization and reliability are hallmark factors of this dimension.

### High Conscientiousness Potential Benefits

- Focuses on task at hand
- Identifies key goals
- Sense of commitment
- Structured work style
- Tolerant of tedious details
- Wants to achieve



## Extraversion | High

### What does my High Extraversion mean for me?

Engaging with people (Extraversion) concerns someone's interest, investment and comfort in developing relationships with others - customers, clients, work groups or colleagues.

### High Extraversion Potential Benefits

- Approachable
  - Energetic
  - Fast to act
  - Fun loving
  - Intense
  - People oriented
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## Emotional Stability | Medium

### What does my Medium Emotional Stability mean for me?

Managing pressure (Emotional Stability) concerns the manner in which someone deals with pressure and the way in which they control their emotions and underlying tension, in order to stay on task and cope with everyday challenges.

### Medium Emotional Stability Potential Benefits

- Aware of others' emotional states
  - Copes with most things
  - Even tempered
  - Low level of tension
  - Manages feelings
  - Takes onboard criticism
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## Agreeableness | Medium

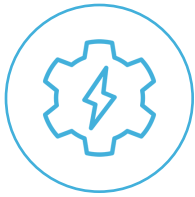
### What does my Medium Agreeableness mean for me?

Influencing people (Agreeableness) concerns the way someone balances their emotional understanding of other people, and their respect for differing viewpoints, with the style in which they try to influence or negotiate with them.

### Medium Agreeableness Potential Benefits

- Forgiving style

- Looks for win-win outcome
- Negotiates with sensitivity
- Realistic view of others
- Recognises imperfection
- Relational style



## Openness | Medium

### What does my Medium Openness mean for me?

Solving Problems (Openness) concerns how someone thinks about work problems, projects and challenges, how receptive they are to new or different information or approaches, and the way this influences their decision-making.

### Medium Openness Potential Benefits

- Brings experience to strategy
- Flexible problem solver
- Pragmatic thinker
- Sees detail and bigger picture
- Tends to be cautious
- Works to maintain the system